

The Paid Leave Podcast

- November and December
- Guests and topics
- Buzzsprout Stats
- Continued Outreach

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The Paid Leave Podcast

NOVEMBER GUESTS

National Family Caregivers Month

Guest: Comptroller Sean Scanlon

We talked about why he had the roundtable discussion of caregivers and the sandwich generation. Erin was a guest talking about resources like paid leave in the state. We talked about what his office offers to the residents of CT like MyCTSAVINGS, Array RX a prescription drug savings card, we talked about mental health stigma and his support of CT Paid Leave and why it helps our state be a better place for families. we had a dual press release with the Comptrollers office.

National Family Caregivers Month

Guest: Samantha Alzate

Owner and Founder of Mindful Transformations LLC
Therapist business she trains other therapists and they work for her company. She used CT Paid Leave when her family expanded with her third child and called it a lifeline. Her husband also was able to take CT Paid Leave. We talked about caregiver leave and the importance of being related by affinity. She sees the value and importance of CT Paid Leave as a business owner because she can now offer her employees these benefits, and some have already used CT Paid Leave. Samantha has written an Op-ed piece about CT Paid Leave and she is on our new commercials.

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DECEMBER GUESTS



Medical Social Media Influencer

Guest: Dr. Erin Nance

NYC hand/orthopedic surgeon, Influencer on social media you can find her on Tok Tok @LittleMissDiagnosed. She is the founder of the Feelbetr platform which is a social space where health information is credible, accessible and human. Dr. Nance is the author of the book *Little Miss Diagnosed*. Her brother Kevin is In CT and Used CT Paid Leave for bonding leave. His story is amazing.

Dr. Erin Nance is a social media influencer with over 857 thousand TikTok followers over 180 Million views, and this can help us expand our views with influencers like Dr. Erin Nance.

Solo Agers

Guest: Jill Kovalich

Connecticut Entrepreneur and Founder of Online hub SoloAgersConnect.com gives people over the age of 50 services and resources if you are a solo ager. Solo agers are described as over 50, no kids not married, and no family around on a daily basis. They are aging by themselves. We discussed caregiver leave and mental health and how important both benefits of CT Paid Leave are to solo agers. We will continue to work together to get the message out to solo agers about the benefits of CT Paid Leave.



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