# The Paid Leave Podcast

- September and October
- Guests and topics
- Buzzsprout Stats
- Continued Outreach

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## The Paid Leave Podcast

#### SEPTEMBER GUESTS

Hispanic Heritage Month September 15-October 15

Guest: Evelyn Alejandro

Exective Director of PYVOT, (Professional Young Visionaries of Tomorrow) with the Central CT Chambers of Commerce, and owner of marketing firm Agape Designs. She talks about mental health struggles her parents suffered from and the stigma attached to it. I found Evelyn after reading an article highlighting her parents mental health in Mental Health Connecticut. (she will share podcast on all of her socials)

#### National Sickle Cell Awareness Month

Guest: Dr. Jennis Nelson

Nursing Director at UConn Health-at the New England Sickle Cell Institute. They have our information in their lobby in English and Spanish for all the patients to see

**Guest: Daisha Dillon** 

is a sickle cell patient diagnosed at birth who had a baby without sickle cell disease. She used CT Paid Leave when she had her baby and said it was very easy to use.



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#### OCTOBER GUESTS

#### National Osteoporosis Day October 20

Guest: Joan Doback

Bone Health Coordinator

at the Connecticut Orthopedic Institute

St.Vincent's Medical Center in Bridgeport

We discussed Ostopenia, Criteria for fall prevention for mainly women over 50. We talked about treatments and how caregiver leave would be helpful for the families of older osteoporosis patients.

### National Drexel University Study Making The Case for Paid Family Leave

Researcher
Associate Director of Communication and Administration
Center for Hunger-Free Communities
Dornsife School of Public Health
at Drexel University in Philadelphia
Discussion about the benefits of paid family leave for family physical, mental and financial well being.
Focus on the impact of paid family leave on businesses and communities.



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